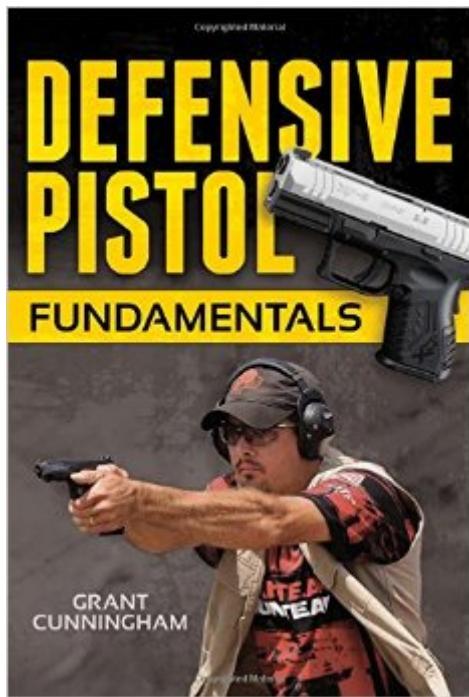


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# Defensive Pistol Fundamentals



## **Synopsis**

Real skills for real people!"Defensive Pistol Fundamentals" helps you--the private citizen--learn the best, most efficient ways to defend your life, or the lives of your loved ones, with a legally carried pistol. Learn not only what you need to do, but why and how.Based on the latest research and quantum leaps in our understanding of how the brain processes information, this book helps you learn: How to defend yourself from a violent, surprise attackDealing with more than one aggressorHow the body's natural reactions affect how you should trainThe process of subconscious decision makingThe real effects of "stress" on performanceAnd much, much more! Whether your pistol is for concealed carry or home defense, this book is your authoritative source for the information you need to keep yourself and your loved ones safe!

## **Book Information**

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## **Customer Reviews**

In this new book, a companion piece to his two books on revolvers, Mr. Cunningham disparages the wheelgun along with the .38 SPL cartridge for serious defensive work, while oddly OK'g the .380 auto, to which I would strongly disagree. With Smith & Wesson continuing to sell scads of .38 SPL J-Frame revolvers year after year, it would suggest to me that many others don't share his viewpoint. With that being said, all of his remaining advice on real world training makes eminent sense, regardless of your choice of defensive handgun. Loaded with black and white photographs to illustrate his points more clearly, written only two years ago, Defensive Pistol Fundamentals is current by any standards, and sets out an important training regimen clearly and effectively. Some

interesting tidbits include the author's research that proves the .45ACP is just on par with the .40 S&W and 9mm Para - when compared with real life results from defensive shootings - an opinion that will gain no traction with the disciples of John Moses Browning. Carefully read, though, his argument actually makes perfect sense, and for those who are not of the 1911 persuasion for concealed carry due to smaller body and hand size or strength, his recommendation to consider the Glock pistol in its 9mm permutations dovetails exactly with pistolero Mas Ayoob's long time suggestions. Cunningham's writing reads like a good friend's teachings, both conversational and easy to understand, but much of what he says will have you thinking later to yourself, "why didn't I think of that before?

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